

Essex Cares Services

Essex Cares is a newly formed company which was set up by Essex County Council in 2009. We have a very highly qualified and caring workforce providing services for people requiring care, support and assistance living in the community.

We run Day Centres and Community Based Support throughout Essex delivering support to over 1,500 people each week. We aim to support you to be as independent as possible with services tailored to suit your individual needs.



Essex Cares - working with Essex County Council

Contact Us

Our services are available throughout the county, for more information about the Outreach and Home Share Day Support please use the contact details below depending on your location.

North East Office
Marylands House
43 Shrub End Road
Colchester
CO3 3UE

Tel: 01206 765521

Main Office
Hogarth Centre
Riseway
Brentwood
CM15 8BG

Tel: 01277 228254

South West Office
Merefields
James Court
Partridge Road
Harlow
CM18 6TD

Tel: 01279 413104

Or please contact us by email:

communitybasedservices@essexcares.org

Mid-Essex Office
Charles Dickens Court
Nickelby Road
Chelmsford
CM1 4XG

Tel: 01245 444132

South East Office
Tyrells Centre
39 Seamore Ave
Benfleet
SS7 4EX

Tel: 01268 638442



www.essexcares.org



Community Based Services OUTREACH



Providing support, care and assistance for people living in the community

Have a great day with us

We aim to support you to be as independent as possible with services tailored to suit your individual needs.

Here are some examples of support we can offer:

- Accessing facilities within your community such as library, shops and clubs
- Undertaking leisure activities such as Swimming, fishing, bingo, golf
- Opportunities to socialise and make friends
- Consistent dedicated workers matched to you and your needs
- Help with day to day tasks such as cooking and making appointments
- Supporting you to get to appointments at the hospital, opticians etc and take notes
- Supporting you to revisit past interests
- Supporting you to access new interests, using computers and assistive technology

The options are endless.....

To find out more about our services, how you can access them and the level of support needed please contact your nearest office using the contact details on the back of this leaflet

How to access our services

Our Community Based Services comprise of two types of support, Outreach and Home Share Day Support.

Currently we are able to offer 125 outreach visits and more than 45 Home Share sessions across Essex per week. If you would like more information on Home Share, a leaflet is available.

Outreach - from £15 per one hour session

An Outreach worker will visit you in your own home offering support to keep your mind and body active through activities of your choice at home or in the community whilst enabling you to improve and maintain skills.

Length of sessions can range from 1 up to 3 hours and prices start at £15 per hour.

Operating times:

Monday:	9.00 am to 5.00 pm
Tuesday:	9.00 am to 5.00 pm
Wednesday:	9.00 am to 5.00 pm
Thursday:	9.00 am to 5.00 pm
Friday:	9.00 am to 4.30 pm
Saturday:	Closed
Sunday:	Closed



Essex Cares also offers:

- Reablement** - helping individuals to regain the skills and confidence that they need to return to their own home after a spell in hospital or a period of ill health.
- Sensory Service** - providing training and advice in daily living skills to promote safety and independence and providing specialist equipment for hearing and/or visually impaired adults.
- Telecare** - fully trained staff on call 24 hours a day, 7 days a week and 365 days a year to attend homes following emergency calls from bed sensors, door sensors, smoke alarms etc.
- Linked Employment** - providing employment related services for disadvantaged people, including finding paid work.
- Training for Work** – providing work experience, work based training and paid employment opportunities for disadvantaged people in our Enterprise Centres including Catering, Conferencing and Hospitality, Horticulture, Printing; Woodcraft, Recycling and Packaging.
- Equipment Service** – delivering and installing a full range of aids to daily living, adaptations to homes, medical equipment and consumables.
- Day Centres** - providing support for people living in the community who wish to stay active, maintain their skills and meet new friends.