

Essex Cares Services

Essex Cares was set up by Essex County Council in 2009. We have a very highly qualified and caring workforce providing services for people requiring care, support and assistance living in the community.

We run Day Centres and Community Based Support throughout Essex delivering support to over 1,500 people each week. We aim to support you to be as independent as possible with services tailored to suit your individual needs.

The day care service offers a number of specialist services for users with specific needs:

- Adults with mental health conditions including dementia, depression, schizophrenia and addictions
- Adults with physical and sensory impairments

To find out more about our services, how you can access them and the level of support needed please contact your nearest office using the details on the back of this leaflet



Essex Cares - working with Essex County Council

Contact Us

Our services are available throughout the county, for more information about the Outreach and Home Share Day Support please use the contact details below depending on your location.

South West Office
Merefields
James Court
Partridge Road
Harlow
CM18 6TD

Tel: 01279 413104

North East Office
Marylands House
43 Shrub End Road
Colchester
CO3 3UE

Tel: 01206 765521

Mid-Essex Office
Charles Dickens Court
Nickelby Road
Chelmsford
CM1 4XG

Tel: 07747760023

South East Office
Tyrells Centre
39 Seamore Ave
Benfleet
SS7 4EX

Tel: 01268 638442

Main Office
Hogarth Centre
Riseway
Brentwood
CM15 8BG

Tel: 01277 228254

Or please contact us by email:
communitybasedservices@essexcares.org

www.essexcares.org



Community Based Services Home Share



Providing support, care and assistance for people living in the community

Have a great day with us

We aim to support you to be as independent as possible with services tailored to suit your individual needs.

- Home Share Provides an opportunity for social interaction within small groups
- We will ensure appropriate placements by risk assessing and matching prospective customers responsibly
- Host Carers will provide you with a 2-course home cooked meal— Offers of help with preparation much appreciated by the Host Carers!
- There will be an opportunity to undertake activities such as reminiscence , Scrabble, Art, Quizzes. Or just a chat
- Outings may be available with agreement of others in your group



How to access our services

Our Community Based Services comprise of two types of support, Outreach and Home Share Day Support.

Currently we are able to offer 125 outreach visits and more than 45 Home Share sessions across Essex per week. If you would like more information on Outreach, a leaflet is available

Home Share Day Support - £35 per session
Home Share Day Support is a service offered by Host Carers. Host Carers are self-employed individuals contracted to provide informal friendly support within their own homes. All Host Carers are checked and trained to the same high standard as other individuals working for Essex Cares.

Full day session lasts between 5 - 6 hours and cost £35. This price is based on 2 or 3 service users to each Host Carer.

Operating Times:

Monday - Friday 9.00 am to 5.00 pm

This may vary depending on location and Host Carer availability

Currently this service is not available at weekends or bank holidays



Essex Cares also offers:

- Reablement** - helping individuals to regain the skills and confidence that they need to return to their own home after a spell in hospital or a period of ill health.
- Sensory Service** - providing training and advice in daily living skills to promote safety and independence and providing specialist equipment for hearing and/or visually impaired adults.
- Telecare** - fully trained staff on call 24 hours a day, 7 days a week and 365 days a year to attend homes following emergency calls from bed sensors, door sensors, smoke alarms etc.
- Linked Employment** - providing employment related services for disadvantaged people, including finding paid work.
- Training for Work** – providing work experience, work based training and paid employment opportunities for disadvantaged people in our Enterprise Centres including Catering, Conferencing and Hospitality, Horticulture, Printing; Woodcraft, Recycling and Packaging.
- Equipment Service** – delivering and installing a full range of aids to daily living, adaptations to homes, medical equipment and consumables.
- Day Centres** - providing support for people living in the community who wish to stay active, maintain their skills and meet new friends.

Find out more on our website

www.essexcares.org