



Day Centres for the Elderly



We have day centres for older people

They are for people that are 65 years and older



They are for people that need support



The day centre helps you do things for yourself

You can do:



Art and crafts



Cooking



Play games



Make friends



Have a meal there.



The Day Centres are in:



Charles Dickens Court

Cotman Lodge

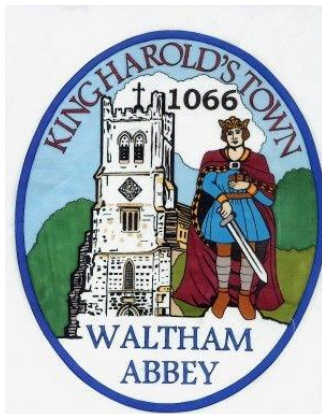
Chelmsford



Foundry Court
Manningtree



Hogarth
Brentwood



Jessops Court
Waltham Abbey



Marylands
Colchester



Millicents
Clacton



Rohan Court
South Woodham Ferrers



St Lukes

Rochford



Tyrells

Benflett