



Outreach Services



Outreach Services help you to do things for yourself.



Outreach services have support workers that can help you.

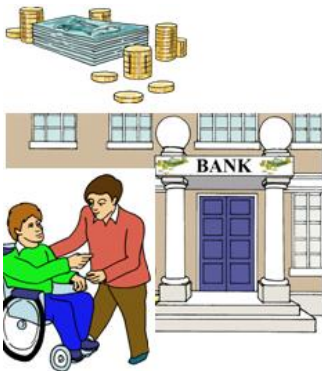


You can learn how to do things.

Things like:



Paying bills



Going to the bank



Getting your shopping



Keeping your house clean



Being safe in your home



Going out



Doing the things you like to do



The support workers **do not** do things for you.



They teach **you** how to do things for yourself



They also help you feel good.



This is because they **do not** rush you.



They listen to you.



Find out more



**Outreach
Services**

Click on the button 'Outreach Services'



Or Email:

communitybasedservices@essexcares.org